

Leisure Pool **Morning** (Deep End) 28th April- 3rd May

	6:00-7:00	7:00-8:00	8:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	Information
Mon					GENTLE AQUA	GoSWIM	
Tues		CARDIO AQUA			GoSWIM		
Wed					GENTLE AQUA	GoSWIM	
Thurs		AQUA BOOTCAMP			GoSWIM		
Fri					GENTLE AQUA	GoSWIM	
Sat				GoSWIM			
Sun							